

# ALL ABOUT ME

## Profile Guide

### OVERVIEW

#### WHAT IS IT?

A snapshot of your child to capture his/her strengths in order to ensure appropriate support across environments/people.

It can be filled in by your child and/or family and can be easily updated over time.

#### WHEN COULD IT BE USED?

Transitioning to school for the first time or at the beginning of each school year/new grade.

For a substitute teacher or on a field trip.

Going to a camp or group activity.

And more!

### SECTIONS OF THE PROFILE

#### MY STORY

What has your child's journey been?

What has the last year looked like for your child?

Who are the most important people in your child's life?

What goals have they made? What goals do they want to make?

What is a typical day in the life of your child?

#### WHAT OTHERS ADMIRE ABOUT ME

What characteristics make your child unique?

What do others appreciate about your child?

Examples: funny, sweet, adventurous, curious, social, creative, a good cook, a good friend.

#### HOW I WANT TO BE SUPPORTED

How is your child best supported?

What is calming to your child when they need comfort?

What does consistent support look like?

Examples: when they're upset, when they're hungry, when they're told no, when they're given directions, when they are excited.

#### WHAT MAKES ME HAPPY

What really matters to your child?

What are some of their favourite things (people, activities, topics of conversation, foods)?

Examples: They enjoy sticking to a routine, they like to try new things, they love to dance to music with others